



New Beginnings: Skills for Single Parents and Stepfamily Parents

Don Dinkmeyer, Gary D. McKay, Joyce L. McKay

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Focuses on the unique challenges of being a single or stepfamily parent. Contains numerous case examples and helpful illustrations. The book covers areas such as self-esteem, relationships and behavior, personality and emotional development, decision-making, communication skills, and discipline. An excellent resource for parents, parent trainers, and counselors.

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