



Chakras, Auras & the New Spirituality: A Complete Guide to Opening the Seven Senses

Genevieve L. Paulson, Stephen J. Paulson

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In *Chakras, Auras, and the New Spirituality* by Genevieve Lewis Paulson and Stephen J. Paulson, you will discover the importance of the rhythm and energy of the number seven.


This is important because you are surrounded by the power of this frequency. There are seven days of the week, seven heavens, seven ancient planets and seven colors produced by a prism, but there are also sevens which are more directly important to you. In this book you will discover that there are seven planes of existence, that you have seven bodies (one physical and six spiritual ones), seven eyes (two physical and five spiritual ones), seven senses and even seven brains.

But having this information is not enough. What you do with this information is of real importance. You'll receive step-by-step instructions on how to view the Akashic records, slow time, work with nature spirits, and more. There are over 125 meditations that will help you discover how to work with the energy and vibration of the sevens in your life to help you achieve peace of mind, improved psychic abilities and healing for yourself and others.

The meditations will help you to develop spiritual energy, reach mystical levels of awareness, and learn to see and develop the aura. After you learn how to see the aura, the book teaches you how to interpret different colors in the aura. For example, bright pink relates to creative plans and orange deals with intensity. Gold is a healing color. Eighteen full-color illustrations show you what various auras look like.

Experience the power and energy of the number seven with the theory and techniques presented in *Chakras, Auras, and the New Spirituality*.

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