



50 Anti Inflammatory Crockpot Recipes (Anti Inflammation Diet)

Cindy Barnes, Recipe Junkies

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This recipe book is printed both in paperback & eBook formats for the readers preference of choice.

Anti Inflammatory Recipes cooked with ease in this slow cooker recipe book

Check out the easy to prepare and delicious recipes...

**Tomato Pot Roast High Protein Bean and Sirloin
Tip Chili Beef Stew and Orange with Cloves
Corned Beef with Cabbage Loaded Sloppy Joes
with a Kick Vegetable Loaded Beef and Barley
Soup Beef and Butternut Squash with Cherries
Simplest High Fiber Beef Tacos Rich Beef Biryani
Slow Cooked Meatloaf Ground Sirloin Borscht
Moroccan Braised Lamb with Fresh Tomatoes and
Wine Beanie Shepherd's Pie Lamb Indian Style**

**High Fiber Mulligatawny Lamb Stew Lean Lamb
Chops BBQ Chicken Thighs Chunky German
Sausage with Sauerkraut Stew Lean Artichoke
Chicken Peanutty Thai Chicken Lean Apricot
Chicken with Wild Rice Soup Asian Sweet Chicken
Chili Vegetable Rich Asian Chicken Stew Low
Calorie Fiesta Mexican Chicken Fiber Full
Moroccan Chicken Lean Lemon and Apricot
Chicken Protein Pesto Chicken with Mushrooms
Free Radical Combating Kalamata Chicken Basil,
Spinach, and Feta Stuffed Chicken Rolls with
Pignoli Savory Cooker Tender Turkey Drums
Flavanol Rich Cocoa Chicken Mole Jamaican
Jerked Turkey Low Calorie Tropical Turkey
Turkey with Fruit Cranberry Sauce Lean Green
Stuffed Peppers Easy and Lean Taco Salad Loaded
Sweet Potato and Split Pea Soup Buster Sweet
Potato Apple Soup Pepper Pineapple Chili Mighty
Minestrone Green Lean Curried Tofu Low Calorie
Caribbean Black Bean Soup Seeded and Stuffed
Squash Liver Root and Cabbage Stew 3-Pepper
and Bean Chili Rich with Vitamin C White Italian
Bean Soup Piquant Hot Cannellini and Tuna Stew**

Tangy Tomato Salmon Patties and Pineapple with Miso Light Lemon Garlic Tilapia and Roasted Shiitakes Dilled Salmon Dijon

Slow cooking is easy, & less mess in the kitchen. These recipes can be enjoyed by all

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