



# Skipper's Cockpit Racing Guide: For dinghies, keelboats and yachts

Tim Davison

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The *Skipper's Cockpit Racing Guide* is an at-a-glance reference for dinghy and yacht racers, covering everything they need to know to improve their performance – and win. From those in their first year of racing to old hands wondering why they're not winning, this splash-proof, lie-flat guide covers an enormous amount of detail in a simple, easy to follow format.

Topics are broken down into photo sequences, boxes, flowcharts, hints and tips, and cover:

- setting your goals
- assembling the right boat and gear
- practising and tuning (straight line, tacking, gybing, rounding marks, doing penalties)
- starting (planning, set-up of rig and foils)
- race strategy (beating, reaching, running)
- tactics against the opposition
- crewing skills (trim, weight)
- tides and currents (what affects the flow, using them to your advantage)
- wind (wind shadows, wind bends, forecasts)
- spinnakers (symmetric, asymmetric, hoist, gybe, drop)
- rules (start, beat, reach, run)

A final section on troubleshooting enables readers to rate their performance and identify areas for improvement, handily linking back to those pages in the book.



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A lot of people always spent their free time to vacation or even go to the outside with them friends and family or their friend. Were you aware? Many a lot of people spent these people free time just watching TV, or perhaps playing video games all day long. If you wish to try to find a new activity this is look different you can read the book. It is really fun for yourself. If you enjoy the book that you read you can spent the entire day to reading a guide. The book Skipper's Cockpit Racing Guide: For dinghies, keelboats and yachts it doesn't matter what good to read. There are a lot of those who recommended this book. They were enjoying reading this book. In the event you did not have enough space to develop this book you can buy the actual e-book. You can m0ore very easily to read this book from the smart phone. The price is not to cover but this book possesses high quality.

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