



# Sam Choy's Little Hawaiian Poke Cookbook

*Elizabeth Meahl*

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Poke is a dish that is usually built around raw seafood, cut into cubes and dressed with sauces and spices. Hawaii's ambassador of poke, Chef Sam Choy, has collected more than thirty of the Islands' very best poke recipes for Sam Choy's Little Hawaiian Poke Cookbook. You'll find such delicacies as Red Hot and Blackened Poke and 'Ahi Poke with Lemongrass. There's Volcano Tofu Poke, featuring sesame oil and brown sugar, and Sam Choy's Original Fried Marlin Poke, flavored with soy sauce, green onion, ogo seaweed and bean sprouts. You'll find traditional "pure" poke made with 'ahi, salt, seaweed and inamona, a kukui nut relish, as well as inventive dishes such as Marinated Steak Poke and Green Onion and Cilantro Pesto Poke. "It just doesn't get any better than this," says Sam, "Enjoy!"

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