



When Love Hurts: 10 Principles to Transform Difficult Relationships

Karla Downing

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A dysfunctional relationship is any relationship in which you find yourself struggling to force change, give advice, control, or fix problems. The difficulty can be due to an addiction, mental illness, abuse, a trying personality, irresponsibility, or anything else that interferes with a healthy relationship. The relationship may be breaking or already broken under the strain of the problems. When Love Hurts provides practical and scriptural tools to help you transform your dysfunctional relationship. The 10 principles in this book will help you to experience freedom--to let go and love your loved one, and to experience peace, trust, and joy in the midst of the storm. It will even provide you with tools that increase the chance that your loved one will change--the very thing that you have been trying to make him or her do and have failed. One day at a time, you will begin to change and heal. Visit Karla's website at KarlaDowning.com

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