



The You You Don't Know: Covert Influences on Your Behaviour

Webster Riggs Jr.

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Unrecognized factors affect human behavior every day: room air humidity, genetic commands, unconscious ulterior moves, misinformation provided by a biased media, and more. We underestimate the infinite number of influences on our actions and tend to lurch from one simplistic conclusion to another to explain human behavior.

Intended as a popular, science-oriented book, *The You You Don't Know* combines analysis of cultural and psychological factors with basic scientific pursuits such as physiology and genetics. Skepticism and candid self-analysis pervade, while superstition, the paranormal, and political rhetoric are treated as they deserve.

Dr. Riggs recognizes our control by a dishonest, media-dominated world and tells the reader how to recognize, accept, and handle these many human influences, including popular "feel good" books.

This work synthesizes current thought from a broad array of scientific disciplines and distills it to the most fascinating content relevant to causes of human behavior. It is unique in presenting the relationship between our conduct and the chaos-complexity theory. *The You You Don't Know* remains scientific, humanistic, and forthright and will appeal to a large audience of rational, independent thinkers.

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