

# Natural Antibiotics: 25 Outstanding Natural Antibiotics to Prevent, Heal, and Cure Common Illnesses (home remedies, medicinal plants, herbal antibiotics)

Deborah Cook

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Antibiotics. You've heard of them.

Super bugs. You've seen them in the news.

Did you know the two are linked?

Antibiotics are over-prescribed for simple trips to the doctor for the common cold or flu, leading to bacteria becoming resistant to their effects. Isn't there a better way to treat yourself? Maybe even a way where you don't even have to leave the house to see a doctor? There is. Natural antibiotics.

Natural antibiotics have been around for thousands of years and they continue to work today. Herbs such as sage, licorice, and oregano and vegetables such as garlic, onion, and cayenne pepper have all been in use by indigenous people in traditional medicine. If you are interested in alternative medicine and keeping your family healthy, you'll want to read this book.

In this book you'll learn:

- Natural antibiotic uses in history
- Information about natural antibiotics and what makes them work
- Everyday uses for natural antibiotics you have in your spice cabinet or garden

If you want to keep your family well and stay away from pharmaceutical antibiotics, you'll want to read Natural Antibiotics: 25 Outstanding Natural Antibiotics to Prevent, Heal, and Cure Common Illnesses. Don't wait until you are sick again. Buy it now!

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