



# Better With Buttermilk: The Secret Ingredient In Old-Fashioned Cooking

*Lee Edwards Benning*

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*Better With Buttermilk*, a comprehensive buttermilk cookbook that reveals the secrets of this low-fat, low-calorie ingredient used by Southern cooks in a delectable assortment of more than 275 tasty recipes. By the author of *Oh, Fudge!*

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