



Smarter Backpacking or How every backpacker can apply lightweight trekking and ultralight hiking techniques

Jorgen Johansson

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Smarter Backpacking is a book that aims to make better hikers through use of ultralight hiking techniques, rather than create more ultralight hikers. It distils the complexity of wilderness travel into its simplest core concepts, allowing the reader to enjoy the freedom of backpacking rather than be encumbered by it. It is a book for day-hikers and thru-hikers, newbies and experienced backpackers or travellers alike. Everyone benefits from a lighter load.

Jorgen Johansson has also authored the Kindle book **Smarter Backpacking after 50** or How any trekker can adapt any hike to any age or fitness.

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