



Pathophysiology for Massage Therapists: A Functional Approach

Virginia S. Cowen PhD LMT RYT CSCS

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How do diseases and disorders affect the design of massage treatment plans?

What precautions are needed?

When is massage contraindicated?

Develop the knowledge you need to evaluate a client based on how diseases and disorders affect the systems of the body and the critical-thinking skills to apply that knowledge in practice.

“A ‘functional approach’ to pathophysiology fosters understanding of the inter-relationship between body systems and human function. Clients are concerned about how a disorder affects their quality of life and ability to function. My goal for this book is to guide readers to use clinical reasoning to create client-specific, outcome-based massage treatment plans from this vital information—signs, symptoms, diagnosis, and client functional concerns.”—Virginia S. Cowen, PhD, LMT, RYT, CSCS

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