



The Power of Mental Golf: Improve Your Confidence and Consistency

Kerry R. Graham, Ricki Linksman

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Golfers are an interesting breed. And, if you ask Kerry Graham, an LPGA Hall of Fame golf instructor, she will tell you that golfers tell her that her instruction techniques and teaching style have made them believers: Change Your Golf... Change Your Life. Because for many golfers (crazy as it may sound...) golf and life are so connected that when golfers are playing to their potential... all is right with the world. Confidence and consistency are sought by every golfer and this book delivers strategies that can deliver those two key components to get better golf and an enhanced enjoyment of the game.

In *The Power of Mental Golf* Kerry has teamed up with Ricki Linksman, a woman who has dedicated her life to understanding how our brains work and the pivotal role they play in how we learn—and how we retain what we learn.

The Power of Mental Golf delivers:

- Breakthrough Golf learning System Technology
- Strategies for Managing Your Golf Brain
- Tips for Learning how to get out of Swing Mechanics Jail
- The Real Truth about Club Fitting
- Ways to take your Range Game onto the Golf Course
- What you need to do to ... Get in the Zone!

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