



Slow Cooking: Not So Fast Food

Joanne Glynn

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Slow down and savor the flavor. Slow Cooking is the culinary equivalent of stopping to smell the roses. During the week, most people choose quick meals, but the weekend should be celebrated and enjoyed with a complete change of pace. This cookbook provides just the right recipes for savoring more leisurely times. Accompanied by vibrant photographs, it includes traditional favorites, such as Osso Buco and Coq au Vin, as well as modern dishes, such as Prawn Bisque; Vegetable Terrine with Herb Sauce; and Lamb Shanks with Tomato, Chile and Honey. Chapters include: - Starting Well - On the Stove - In the Oven - Perfect Sides - A Happy Ending Slow Cooking's delicious recipes help cooks revel in the enjoyment of cooking without rushing.

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