



Reversing Diabetes Cookbook

Julian M./ Dace, Peggy Whitaker

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A collection of more than two hundred kitchen-tested recipes features appetizers, entrees, side dishes, and desserts specifically designed for the dietary needs of patients with type 2 diabetes, in a volume complemented by full nutritional breakdowns. Ori

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Author: Whitaker, Julian M./ Dace, Peggy

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