



# Effective Listening

*Mike Green*

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## **Effective Listening** Mike Green

Effective Listening Second Edition Mike Green Developing Dialogue Skills For the Counseling Interview

Improve your dialogue skills by learning how to:

- Let your counselee know that you heard him.
- Establish trust with your counselee.
- Understand his body language and affect.
- Ask "open" questions.
- Show your empathy and understanding.
- Keep silent at the right times.
- Use appropriate self-disclosure.
- Provide feedback and confirmation.

Why a book on listening? Isn't listening something we all do, all day long, all of our lives? Yes, of course it is. But how well do we do it? Is our listening really effective? As most of us can testify, there is often a big difference between what one person says and what another person hears! Often, in normal conversation there is a lot more going on than we realize! For the conversation to be meaningful there are many variables to be considered that will have a profound effect on the quality of that conversation. Listed below are a few of the variables to be considered during any discussion.

1. What I actually said.
2. What I really meant to say.
3. What I tried to avoid saying.
4. What you heard.
5. What you didn't hear.
6. What you thought you heard.
7. What you thought I meant.
8. What you said in response to all of the above.
9. What I then heard you say.
10. What I thought you meant.

And so on. Added to all of these variables are things like: my mood or attitude, your mood or attitude, the type of relationship (business, personal, formal, informal, superficial or intimate), the time of day, the location, the purpose of the conversation, and a host of other less obvious components. Considering all of this, one can quickly see that the ability to listen effectively is important in any conversation. But it is crucial to counseling conversation. Effective Listening will enable you to take your counseling to the next level.

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A lot of people always spent their very own free time to vacation or even go to the outside with them loved ones or their friend. Are you aware? Many a lot of people spent they will free time just watching TV, or perhaps playing video games all day long. If you want to try to find a new activity that's look different you can read any book. It is really fun in your case. If you enjoy the book that you read you can spent the entire day to reading a book. The book Effective Listening it doesn't matter what good to read. There are a lot of people who recommended this book. These people were enjoying reading this book. In the event you did not have enough space to develop this book you can buy the actual e-book. You can m0ore very easily to read this book out of your smart phone. The price is not too costly but this book offers high quality.

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Precisely why? Because this Effective Listening is an unordinary book that the inside of the reserve waiting for you to snap it but latter it will shock you with the secret the item inside. Reading this book close to it was fantastic author who write the book in such incredible way makes the content inside of easier to understand, entertaining technique but still convey the meaning fully. So , it is good for you because of not hesitating having this ever again or you going to regret it. This unique book will give you a lot of benefits than the other book have got such as help improving your proficiency and your critical thinking method. So , still want to hesitate having that book? If I had been you I will go to the e-book store hurriedly.

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Playing with family inside a park, coming to see the marine world or hanging out with good friends is thing that usually you have done when you have spare time, after that why you don't try issue that really opposite from that. A single activity that make you not experience tired but still relaxing, trilling like on roller coaster you are ride on and with addition of information. Even you love Effective Listening, it is possible to enjoy both. It is fine combination right, you still need to miss it? What kind of hang-out type is it? Oh can happen its mind hangout folks. What? Still don't understand it, oh come on its called reading friends.

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