



## Bioidentical Hormones Made Easy!

*Y.L. Wright*

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# Bioidentical Hormones Made Easy!

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**Bioidentical Hormones Made Easy!** Y.L. Wright  
**BIOIDENTICAL HORMONES MADE EASY!**

**READ THIS BOOK and CHANGE YOUR LIFE!**

**Bioidentical Hormones Made Easy** is a quick and easy book to learn about bioidentical hormone replacement therapy (BHRT). Read this book and follow the action plan to feel better as you age AND reduce your risk of getting cancer and heart disease.

Trust me -- I've been in menopause and it was *not* fun.

*It wasn't just hot flashes.* I experienced a total collapse of my health. As my ovaries stopped producing vital hormones, every system in my body rebelled. I had every symptom of menopause -- including loss of sex drive, depression, weight gain, cataracts, breaking bones -- you name it. I was even diagnosed with a serious heart condition and a deadly skin cancer. I finally collapsed into utter exhaustion, unable to do much of anything for months at a time. *I felt hopeless, angry, and confused.*

Luckily, I got a second chance at leading a healthy life.

I decided that I *had* to pull myself out of the severe health slump that befallen me. I started looking for answers.

In my search for answers, I discovered that:

- **My health problems were primarily caused by my hormones.**
- My doctors knew little to nothing about helping me to heal my hormones. Following their advice and taking their toxic prescriptions would only make me sicker.
- The information that I needed to heal my hormones and overcome my health problems was not in books or on the internet.

Instead, I turned to the experts. I began years of intense study with the smartest bioidentical hormone replacement experts on the planet.

I developed a plan to heal my hormones and completely regain my health. I followed my plan. It worked.

And now I want to help you do the same.

After all, deciding to use bioidentical hormones is a decision that you make because you have a vision of a healthier life. **It's your chance to take control of your health and your life.** *Read this quick and easy book and learn how to optimize your own hormone levels SAFELY with bioidentical hormone replacement therapy (BHRT) so that you can live a long life, full of health and vigor.*

- Learn about the history of hormone replacement (HRT) and discover why ALL hormone replacement is feared, even bioidentical hormone replacement therapy (BHRT).

- Learn how our options have improved dramatically from our mothers' generation to ours with the availability of safe and beneficial bioidentical hormone replacement therapy (BHRT).
- Understand the hormones of a healthy young woman and see how they deteriorate in perimenopause (in the years leading up to menopause) and in menopause (when the menstrual periods have ceased).
- Learn how to balance your hormones and **feel young and healthy at any age.**
- Recognize what happens to the hormones of men as they reach andropause (male menopause) and learn how to optimize men's hormones at any age.
- Discover why it is so difficult for women, but not men, to get bioidentical hormones.
- **Reduce your risk of getting cancer and heart disease.**
- **Learn how to find a doctor** who will get you the bioidentical hormones that will help you and not hurt you.

**Bioidentical Hormones Made Easy** will show you how to create the kind of lifelong health that will allow you to pursue your passions in life. You will look great, feel great, lose weight, and have better sex!

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#### **Lisa Potter:**

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#### **Garnet Veach:**

Spent a free time and energy to be fun activity to perform! A lot of people spent their down time with their family, or all their friends. Usually they undertaking activity like watching television, going to beach, or picnic within the park. They actually doing same thing every week. Do you feel it? Will you something different to fill your personal free time/ holiday? Might be reading a book is usually option to fill your cost-free time/ holiday. The first thing that you will ask may be what kinds of reserve that you should read. If you want to try look for book, may be the guide untitled Bioidentical Hormones Made Easy! can be excellent book to read. May be it could be best activity to you.

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