

# **Total Competition: Lessons in Strategy from Formula One**

Ross Brawn, Adam Parr

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Total Competition is the most compelling, comprehensive and revealing insight into what it takes to get to the top in Formula One that has ever been published. Across four decades, Ross Brawn was one of the most innovative and successful technical directors and then team principals in Formula One. Leading Benetton, Ferrari, Honda, Brawn and Mercedes, he worked with drivers such as Michael Schumacher, Jenson Button and Lewis Hamilton to make them world champions. Now, in this fascinating book written with Adam Parr (who was CEO and then chairman of Williams for five years), he looks back over his career and methods to assess how he did it, and where occasionally he got things wrong. Total Competition is a definitive portrait of modern motorsport. In the book, Brawn and Parr explore the unique pressures of Formula One, their battles with Bernie Ecclestone, and the cut-throat world they inhabited, where coming second is never good enough. Just as Sir Alex Ferguson used his experiences as a football manager to write Leading, this book will appeal not only to the millions of Formula One fans who want to understand how Brawn operated, it will also provide many lessons in how to achieve your business goals.



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