



The Missing Link: The Powerful Role of Self-Talk in the Mind Game of Golf

Alecia Larsen

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The Missing Link has a very personal, yet universal message to people who golf, and even to those who may not. The message...be kind to yourself...because it matters! As an instructor for almost 30 years, Alecia helps her students, while on the lesson tee, begin to see the obstacles they create through negative self-talk. This book will heighten your awareness of what may be holding you back from reaching your full potential; and give hope to people all around the world that one can enjoy life or this game of golf with a positive outlook and without costing thousands of dollars. Alecia shares her insights from her competitive golfing days and life experiences, which either stopped her short of reaching some of her goals, or positively enhanced the outcome of others. Truly, the tool of The Missing Link will change your life like never before.

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