



**My Virgin Weight Loss Cookbook: The Recipes I  
Used To Lose 17 Pounds in 3 Weeks (A Wheat  
Free, Soy Free, Egg Free, Dairy Free, Peanut Free,  
Corn Free, Sugar Free & Gluten Free Diet  
Cookbook)**

*Stacy Longoria*

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# My Virgin Weight Loss Cookbook: The Recipes I Used To Lose 17 Pounds in 3 Weeks (A Wheat Free, Soy Free, Egg Free, Dairy Free, Peanut Free, Corn Free, Sugar Free & Gluten Free Diet Cookbook)

*Stacy Longoria*

**My Virgin Weight Loss Cookbook: The Recipes I Used To Lose 17 Pounds in 3 Weeks (A Wheat Free, Soy Free, Egg Free, Dairy Free, Peanut Free, Corn Free, Sugar Free & Gluten Free Diet Cookbook)**

Stacy Longoria

**Amazing Results With My Virgin Weight Loss Cookbook...**

## **WHO CAN USE THIS COOKBOOK?**

Generally, the recipes that are shared in this cookbook are perfect for almost anyone who want to lose weight, lose allergies or make healthier food choices. To be more specific, these recipes are for you if you are looking for:

- Virgin Diet Recipes • Gluten-Free Recipe • Weight Loss Recipes • Peanut-Free Recipes • Soy-Free Recipes
- Corn-Free Recipes • Egg-Free Recipes • Wheat-Free Recipes • Allergy-Free Recipes

My Virgin Weight Loss Cookbook With Gluten-Free, Soy-Free, Egg-Free, Dairy-Free, Peanut-Free, Corn-Free and Sugar-Free Diet Recipes

Stacy Longoria, has been in love with food and cooking for as long as she can remember. After experiencing years of frustration trying to lose pounds of accumulated fat, she finally got her breakthrough. In her book, My Virgin Weight Loss Cookbook Stacy shares her personal "go-to" recipes and success with many others around the world.

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#### **David Trudeau:**

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