



Inspirational Positive Affirmations Adult Coloring Book: Nurturing and Loving Words to Feed Your Soul

Kelly Dombrowski

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30 Carefully selected inspirational positive affirmations to color for yourself or for someone you love!

- Each design is **printed on one side only** to be easily colored and framed
- Each coloring page is **designed for meditating** and **maximum relaxation** and **stress relief**
- All levels of coloring abilities from **easy to difficult**
- All kaleidoscopes made from the "Winged Nature" motif so ensure continuity of design and maximize **decor potential**
- Perfect as a **Mother's Day gift** or gift for someone special in your life! Including YOU!
- Positive affirmations are proven to have **lasting effects on health and happiness** and even weight loss if practiced regularly!
- Coloring is FUN!
- Nice comfortable size to color in **8 1/2" x 11"**
- **30 single-sided pages**
- **60# White paper**

This book will keep you **SANE!**

- Standing in piles of dirty laundry? Color "I am Elegant."
- Still in your PJ's at 6 PM? Color "I am Relaxed."
- Discover baby puke on your blouse on your way to a wedding? Color "I am Gorgeous."
- Hot flashes got you down? Color "I am Alive."
- Can't get the zipper up on jeans you just bought? Color "I am Cherished."
- Teenager slamming the bedroom door? Color "I am Peaceful."
- Toddler creative with that permanent marker? Color "I am Cheerful."
- Tired? Different shoes on each foot? Color "I am Smart."
- Teenager wreck the new car? Color "I am Forgiving."
- Hairdresser thought you said blue and not red? Color "I am Renewed."
- Catch your teen sneaking out? Color "I am Intuitive."
- Your crazy girlfriend just called you from jail. Color "I am Virtuous."
- Best friend stab you in the back? Color "I am Wise."
- You got dressed in the dark and you don't match? Color "I am Bold."
- Wore 4 inch heels to the museum? Color "I am Brave."
- Shared your Snicker's with a co-worker? Color "I am Compassionate."
- Did your own taxes? Color "I am Empowered."
- Dog won't stop barking at the wind? Color "I am Tranquil."
- Two hours sleep? Color "I am Energized."
- Teenagers all around and YOU have to let the dog out? Color "I am Faithful."
- Gum in the washer and it only got on ONE pair of new jeans? Color "I am Grateful."
- Just missed getting hit by a car that blew a red light? Color "I am Exhilarated."
- Made dinner with just canned goods and beans? Color "I am Imaginative."
- Burn your hand on the grill? Color "I am Healed."
- Mediate a fight between petty co-workers? Color "I am Just."

- Husband forget your 25th Anniversary? Color " I am Merciful."
- Pull apart the kids fighting? Color "I am Nurturing."
- Forgot to do laundry but found clean underwear? Color "I am Thankful."
- Lady with the overflowing cart dives to get in the checkout line first? Color "I am Kind."
- Teenager screaming "I hate you!" and slamming the door in your face, again? Color "I am Loving."

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From reader reviews:

Frances Lawler:

Why don't make it to be your habit? Right now, try to prepare your time to do the important work, like looking for your favorite guide and reading a book. Beside you can solve your problem; you can add your knowledge by the reserve entitled Inspirational Positive Affirmations Adult Coloring Book: Nurturing and Loving Words to Feed Your Soul. Try to the actual book Inspirational Positive Affirmations Adult Coloring Book: Nurturing and Loving Words to Feed Your Soul as your close friend. It means that it can to become your friend when you sense alone and beside that course make you smarter than before. Yeah, it is very fortunated to suit your needs. The book makes you more confidence because you can know anything by the book. So , let us make new experience as well as knowledge with this book.

Kurt Haney:

What do you concerning book? It is not important along with you? Or just adding material when you really need something to explain what your own problem? How about your free time? Or are you busy man or woman? If you don't have spare time to try and do others business, it is gives you the sense of being bored faster. And you have extra time? What did you do? Every individual has many questions above. They need to answer that question mainly because just their can do in which. It said that about reserve. Book is familiar on every person. Yes, it is proper. Because start from on pre-school until university need that Inspirational Positive Affirmations Adult Coloring Book: Nurturing and Loving Words to Feed Your Soul to read.

Karen Chan:

People live in this new day of lifestyle always attempt to and must have the extra time or they will get wide range of stress from both lifestyle and work. So , when we ask do people have time, we will say absolutely of course. People is human not just a robot. Then we inquire again, what kind of activity do you have when the spare time coming to an individual of course your answer will probably unlimited right. Then do you try this one, reading ebooks. It can be your alternative with spending your spare time, often the book you have read is Inspirational Positive Affirmations Adult Coloring Book: Nurturing and Loving Words to Feed Your Soul.

Ellis Cook:

Many people spending their period by playing outside with friends, fun activity together with family or just watching TV 24 hours a day. You can have new activity to invest your whole day by reading a book. Ugh, ya think reading a book really can hard because you have to take the book everywhere? It fine you can have the e-book, getting everywhere you want in your Mobile phone. Like Inspirational Positive Affirmations Adult Coloring Book: Nurturing and Loving Words to Feed Your Soul which is keeping the e-book version. So , try out this book? Let's view.

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