



## **It's So Good!:: 100 Real Food Recipes for Kids!**

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# It's So Good!: 100 Real Food Recipes for Kids!

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A unique cookbook that includes more than one hundred recipes for "little chefs." Each recipe contains a list of ingredients, detailed cooking directions, a photo of the finished dish, and "tips from the chef!" Most of the recipes feature fruits and vegetables to ensure children are eating nutritious foods.

**Nevin Martell** has been writing about food and culture for more than a decade and a half. His work regularly appears in the *Washington Post*, *Wine Enthusiast*, *Cheese Connoisseur*, *Plate*, and *CityEats.com*.

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