

Sweet Simplicity: Jacques Pepins Fruit Desserts

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Desserts have always been the most adored course on the modern menu--and the most maligned: one person's "sweet, rich and decadent" treat is another's "fattening, calorific, and overindulgent: sin. Jacques Pepin, culinary superstar, comes to the rescue with "Sweet Simplicity, proving that simple and healthy can also be part of the definition of a great dessert. With more than 155 recipes organized alphabetically by fruit, "Sweet Simplicity runs the gamut from fresh seasonal fruit presentations to guest-pleasers like Apricot and Gif Souffle. Both simple and inspiring, recipes such as Blackberries in Creamy Honey Sauce, a classic baked Apple Tart, Top-Crust Cherry Pie, and Raspberry Trifle with Nectarine Sauce are infused with Pepin's sophisticated sensibility and delicate touch.

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