



Make Their Days: Activities for Residents in Long-Term Care

Enid J. Portnoy

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Dealing with the problems of aging becomes a continual process of adapting to change. Older persons who need long-term care can often benefit from special group programs that improve their morale and social functioning. This book is about communication. It provides basic insights into the various forms of the most common interpersonal activity. It stresses communication between residents, directors, staff and family members. It also offers a wealth of specific suggestions for activities that can be used in one-on-one or group communication settings, as in residential facilities for the elderly. Subjects featured are drama, art, music, intergenerational and nature stimuli activities. Other chapters discuss family and nursing home involvement and communicating with the aging. The activities presented in this book will help initiate, increase, and enhance communications among residents in long-term care.

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