



## Icebreaker: The Autobiography of Rudy Galindo

Rudy Galindo

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#### Icebreaker: The Autobiography of Rudy Galindo Rudy Galindo

This candid autobiography reveals the incredible inner strength that brought "Rudy Galindo" through his worst hours -- despair over the deaths of loved ones and his painful struggle with drugs and alcohol. Unwilling to hide his roots, his mistakes, or his sexual orientation, "Rudy Galindo" brings readers a lesson in humanity, proving that anything is possible, if you never quit.



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